

OSHA Outreach Program

10 or 30 Hour General Industry Safety Course

Feb. 22, Mar.1, Mar. 8, Mar. 15, Mar. 22, Mar.29. 2010

Sponsored by:



The OSHA 10 and 30 Hour General Industry Safety Course is designed for General Business and Industry Managers, Supervisors, Maintenance Personnel and others who may be involved with safety and health programs in their facilities. Special emphasis is placed on those topics that are the most hazardous, using OSHA standards as a guide.

The Instructor:

Sid Coe WSO-CSE/RSD

Sid is a World Safety Organization, CSE -Certified Safety Executive & RSD - Registered Safety Director. Sid is also an Authorized OSHA 501 Trainer, a Certified Ergonomics Trainer. Sid has over 25 years of experience as a Safety Professional and also trains other companies in OSHA Safety Training Compliance programs.

Schedule:

All dates: 12:00 noon – 5:00 pm

Cost for 10 hour course

QASC Members \$225.00

Non-members \$250.00

Cost for 30 hour course

QASC Members \$350.00

Non-Members \$375.00

Includes quality instruction, reference materials, and refreshments.

Please mark the class you will attend.

10 Hour/Number Attending _____

30 Hour/Number attending _____

You Will Learn:

This 10 and 30-hour course will cover many of the OSHA Standards, including the general duty clause, inspections, citations, penalties, employer and employee rights. Optional topics required will depend on whether you take the 10 or 30-hour course.

Required topics: Introduction To OSHA

1. Whistle Blower Rights, Recordkeeping Basics
2. OSHA Record Keeping Rules
3. Value of Safety & Health
4. Walking and Working Surfaces/Fall Protection
5. OSHA Website & available resources.
6. Means of Egress and Fire Protection
7. Electrical Safety
8. OSHA 800 number
9. Hazard Communication
10. Personal Protective Equipment
11. Exit Routes, Emergency Action Plan
12. Materials Handling

Elective topics: Safety and Health Programs

Materials Handling

Machine Guarding

Powered Industrial Trucks

Lockout/Tagout

Hazardous Materials

Permit-Required Confined Spaces, Subpart J

Introduction to Industrial Hygiene/Bloodborne Pathogens (Z)

Ergonomics

Welding, Cutting, and Brazing, Subpart Q

Participants will receive an OSHA card acknowledging completion of the course.

Location: John Wood Community College

Paul Heath Center

Lower Level, Room D-022

1301 South 48th St.

Quincy, IL 62305

For More Information:

Phone: (217) 224-0149

E-mail: qasc@adams.net

Web: www.qasc.org

Registration Must Be Received

By Feb. 15, 2010 (we need a minimum number of registrants or the seminar could be cancelled)

Mail registration & and check, payable to:

Quincy Area Safety Council

P.O. Box 1126

Quincy, IL 62306

Name(s): _____

Company: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

E-mail: _____